



Community Action Council
of Howard County
HELPING PEOPLE. CHANGING LIVES.

Help Keep People Fed Through the Howard County Food Bank

did you know?

1 in 4...

struggle to make ends meet.

Hunger is year round, help us put food
on the table.



8480 Baltimore National Pike, Ellicott City, MD 21043

**3 easy ways
to give!**

- **Text RAVENS** to 44321
- **Dine in, Take out** at Kelsey's all day on May 8th—10% of your check gets donated
- **Donate food and** drop off at Kelsey's on May 8 from 10 a.m. - 2 p.m.

Most needed items:

- Canned & Dried Fruit
- Hot & Cold Cereal
- Soup
- Pasta & Pasta Sauce
- Tuna
- 100% Fruit Juice
- Baby Food, Diapers, Wipes
- Peanut Butter
- Canned beans (pinto, kidney, black)
- Canned vegetables (low sodium)

CAC's Mission: To diminish poverty, enable self-sufficiency and advocate for low-income families and individuals.

Early Childhood Education * Energy Assistance * Food Assistance * Housing Assistance

www.cac-hc.org * 410-313-6440